

**Supplement To: *Origins: Family Experiences Of Premarital Couples*
Application To The Customized Version Of Prepare-Enrich**

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Even though the research reported in this study and the practical implications for working with conflicted couples are based upon the Version 2000 Prepare inventory, the material is very relevant to Facilitators working with the Customized Version.

Some of the terminology has changed with the Customized Version:

- Version 2000 *Administrators* are now *Facilitators* in the Customized Version.
- The *Counsellor's Report (CR)* is now the *Facilitator's Report (FR)*.
- The *Building A Strong Marriage* workbook is now the *Couple's Workbook*.

However, the Customized Version *FR* provides the same information as the *CR* with respect to...

- The premarital *Couple Typology* (found on page 4 of the *FR*).
- The *Family Map* (found on page 21 of the *FR*). The dimensions and concepts associated with this model are the same in both versions and also apply to the *Couple Map* (page 20 of the *FR*)

Chapter 5 contains recommendations and references to using the V2000 *CR* that apply equally well when using the Customized Version *FR* but some of the report page numbers are different:

Origins p17	Typology information is provided on page 4 of both Reports.
Origins p17	General suggestions for organizing feedback (page 1 of the <i>CR</i>) are not provided in the <i>FR</i> . Instead, more information is provided in the longer <i>FR</i> .
Origins pp18-20	Strengths and growth areas (page 5 of the <i>CR</i>) are listed on page 4 in the <i>FR</i> .
Origins p21	The Family Map is on page 21 of the <i>FR</i> and also contains recommendations for work on the dimensions rather than a mere listing of the items as previously on pages 13-14 of the <i>CR</i> . The item summary and Couple Map information (pages 5 & 15 of the <i>CR</i>) is combined on page 20 of the <i>FR</i> . Family & Friends items (pages 5 & 11 of the <i>CR</i>) are listed on page 15 of the <i>FR</i> . Background information (page 2 of the <i>CR</i>) is summarized on Page 3 of the <i>FR</i> .
Origins p22	Personality scores (page 3 of the <i>CR</i>) are now referred to as Relationship Dynamics and are on page 6 of the <i>FR</i> .
Origins p23	The reference to <i>Building a Strong Marriage</i> and work on assertiveness (page 11 of <i>BSM and Couple Exercise II</i>) should now be to pages 3-5 in the Customized Version <i>Couple's Workbook</i> (the Communication Couple Exercise). The reference to <i>Building a Strong Marriage</i> and work on conflict (page 11 of <i>BSM and Couple Exercise II</i>) should now be to pages 9-11 in the Customized Version <i>Couple's Workbook</i> (the Conflict Resolution Couple Exercise).

Note: There are some new features of the Customized Version *Facilitator Report* that are likely to assist work with conflicted couples: All couples complete five new personality scales called SCOPE (Social; Change; Organized; Pleasing; Emotionally Steady) as well as a new Personal Stress Profile identifying general level of personal stress and the top 10 stressors in each person's life. These categories will provide useful background information and complement the self-confidence assessment.